Two consecutive summers with 2-week all-expense paid summer institute, Mid-Year & Annual Meeting to:

- Establish partnerships between Mentors and Mentees based on mutual research interests.
- Participate in training via lectures and workshops on various topics related to Cardiovascular Disease Comorbidities, Genetics, and Epidemiology.
- Participate in special grant-writing sessions conducted by NHLBI scientific program staff and PRIDE faculty.
- Compete for Small Research Project (SRP) funding for generating preliminary data for subsequent NHLBI grant applications.
- Develop the skills needed to apply for research grants and promoting a sustainable independent research program for career development.