



INTERNATIONAL JOURNAL OF BEHAVIORAL MEDICINE

Call for Papers on

TRANSLATIONAL SLEEP SCIENCE IN BEHAVIORAL MEDICINE

Special Editors:

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Letter of Intent Deadline: **June 1, 2019**

Sleep is an important and modifiable determinant of health. Advances in sleep research in behavioral medicine over the past several decades have brought a better understanding of how sleep is critical to health and is inextricably linked to biopsychosocial and environmental factors. Despite that sleep disorders and insufficient sleep duration are associated with lower quality of life and contribute to adverse physical and mental health outcomes, they tend to be under diagnosed and under treated across patient groups. Behavioral medicine research that addresses behavioral, psychological, and physiological factors that impact sleep, as well as how poor sleep compromises human health is critically needed.

The International Journal of Behavioral Medicine together with the Sleep Special Interest Group of the Society of Behavioral Medicine, has issued this special call for papers. Empirical studies of behavioral medicine research across the translational spectrum are welcomed. Further, research that bridges the intersections of behavioral medicine and other areas of research (e.g., neuroscience, medical practice, nursing, public health, education, health psychology) are likely to make strong contributions. Areas of work might include:

- Behavioral Interventions to Improve Sleep Quality and Quantity
- Chronic Illness and Sleep
- Pain and Sleep
- Sleep and Aging
- Sleep and the Immune System
- Sleep Disruption and Disease Mechanisms

- Sleep-Related Health Disparities
- Sleep Disorders, including Sleep Apnea and Insomnia
- Couples and Sleep
- Sleep Quality and Occupational Health
- Sleep and Cognition
- Psychosocial Sequelae of Disruptions in Circadian/Biological Rhythms
- Sleep, Learning, and Education
- Sleep and Sleep Disorders in Minority and Underrepresented Groups

The International Journal of Behavioral Medicine is committed to publishing excellent research across the broad spectrum of behavioral medicine, including health-behavior relationships, the prevention of illness and the promotion of health, the effects of illness on the self and others, the effectiveness of novel interventions, identification of biobehavioral mechanisms, and the influence of social factors on health. The focus of this special call is on innovation in translational sleep science across these broad domains.

Editorial Process

Letters of Intent (LOIs) must include the following five sections and be no longer than 1,000 words.

1. Rationale of how the manuscript complements and extends prior and current work translational sleep science, and how it will contribute to science, theory, policy or practice.
2. Specific hypotheses or research questions.
3. Research methods, including sample definition and selection procedures, research design, intervention design (if applicable), and key constructs. This is necessary for studies using quantitative or qualitative methodologies.
4. Central findings that address the major research questions. If the study involves statistical analyses, statistical analysis techniques and primary statistical findings supporting the research questions must be presented in the text as well as a table.
5. A statement that all data have been collected and analyzed at the time of this LOI submission.

This call for papers focuses primarily on data-based original research. Scoping reviews, systematic reviews, and meta-analyses will also be considered. Case reports will not be considered.

Please send your LOI as a pdf to the Special Issue editors at IJBM@hunter.cuny.edu.

LOIs will be evaluated by the Special Issue Editors in terms of the adequacy of the theoretical or conceptual framework for the study; the study's significance and contribution to the field; the study's methodological adequacy, in terms of design, operationalization of constructs, sampling, and data analyses; and the overall comprehensibility and clarity of the writing. LOIs that do not present primary results will not be considered for submission, but may be submitted to the journal at a later time as a regular manuscript.

LOIs that pass the first stage of review will be invited for full manuscript submission and peer review by July 1, 2019. Manuscripts will be due by September 1, 2019.

Questions?

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